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|  | Monday | Notes | |
| Before Camp Starts | BEFORE CAMP - EACH DAY   1. Set the studio up following Covid guidelines (open windows, turn on fans, turn on air purifier, adjust AC 2. Thread machines 3. Make sure bobbins are full and that you have extra pre-wound bobbins 4. Have all of the materials and supplies for the day ready 5. Have welcome activity and markers out on campers’ desks 6. Have large post-it ready for “Studio Rules” 7. Unlock bathroom(s) | |  |
| 9am - 9.15am or  1.00pm - 1.15pm  WELCOME ACTIVITY |  | |  |
| 9.15am - 9.30am or  1.15pm - 1.30pm  Welcome Meeting | WELCOME - EACH DAY   1. Meet ‘n’ Greet - Campers enter studio and:    * Sanitize hands    * Put water and phones (and anything else) in designated area 2. Welcome Meeting    * Monday -      1. Share “My name is…and I learned to sew at/when…”      2. Go around the room asking everyone to share where they learned to sew or if they have never sewn before what they are most looking forward to at camp.    * Tuesday - Friday - share a fun fact about you and go round the room asking everyone to share their fun fact (examples are favorite movie, name of pet, favorite hobby etc) 3. Goals for the week -   ● To learn how to machine sew and hand sew  ● To make a fun, appliqued beach bag and other arts and crafts activities  ● To make new friends  ● To have a fun camp experience  Goals for today -  ● To learn how to use a sewing machine  ● To take a “driver’s test”  ● To make a design for the beach bag applique   1. Classroom Rules - Use large post-it/ paper sheet and Sharpie.    1. Kids should come up with the rules and if they miss one out give them hints. This is a “living” document which can be added to during camp. It should be displayed on the wall during each camp so it can be referred back to if necessary.    2. Each of the following topics should be covered:       1. Safety (general studio safety (not sewing machine safety as this will come later)       2. Be kind (specifically - be positive about other campers’ work)       3. Be patient       4. Be respectful of other people’s property       5. Stay in seats unless asked to move around the studio       6. No inappropriate language       7. Don’t touch anything else in the studio unless instructed to       8. Ask permission to go to bathroom, only one camper at a time       9. No phones, water or snacks (water at designated water breaks unless they need more then they should ask) | |  |
| 9.30am - 10.30am or  1.30pm - 2.30pm  Activity 1 | Introduction To Machine Sewing   1. Basic Anatomy of Sewing Machine (10 Minutes)  * With machines in front of students discuss the following keywords:   + - On/Off Switch     - Bobbin     - Thread     - Needle     - Presser Foot     - Balance Wheel     - Presser Foot Lever     - Foot Pedal  1. Safety (2-3 Minutes - use “Mr. Octopus”)  * Discuss safety hazards * Electrical Cords - be careful not to trip * Sharp pins & needles on floor - keep shoes on * Keep long hair away from machine  1. Start Driver’s Test   With speed on SLOW, start to stitch:   * Start with STRAIGHT stitch on the straight lines * Pivots/Corners (Explain how to lift presser foot and swivel while the needle STAYS in the felt) * Curves (Demonstrate how to lift the presser foot making small turns as you sew around the curve).  1. Follow the lines for the Driver’s Test |  | |
| BREAK  15 MINS |  |  | |
| 10.45am - 11.45am or  2.45pm - 3.45pm  Activity 2 | Applique Design     1. Hand out a blank sheet of paper and a pencil to each camper 2. Campers choose a bag color 3. Show campers the Beach Bag sample and discuss ideas for their own designs. 4. Campers should draw a simple design, either the sun or the ice cream or you can let them do their own design. 5. Campers draw their design and then cut their designs from felt fabric (no other fabric)   NO SEWING DURING THIS ACTIVITY. |  | |
| 11.45am - 12pm or  3.45pm - 4pm | CLEAN UP / SHOW & TELL   1. Campers - put all of their materials in their ziploc bag 2. Show & Tell (Instructor does on Monday then campers the rest of the week. Remind them!) 3. Ask campers to share “What I liked about camp today” 4. If there is still time ask a “Would You Rather” question or two. (In binder) |  | |
| 12pm or  4pm | DISMISSAL   1. Have campers collect their belongings (water bottle, phone etc) 2. Have campers line up 3. Instructor should lead the group down to the pick-up location in a quiet and orderly manner 4. Follow dismissal procedure   Return to studio, sanitize and clean so it’s ready for next class. |  | |

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|  | Tuesday | Notes | |
| Before Camp Starts | 1. See Monday studio set-up | |  |
| 9am - 9.15am or  1pm - 1.15pm  Welcome Activity | Surfboard Activity 2   1. Hand out “Surf Into Summer Option 2” Sheets 2. Campers should answer the questions by drawing or writing on the surfboards using different colors and pictures   A picture containing diagram  Description automatically generated A picture containing white  Description automatically generated | Supplies Needed:   * Surf Into Summer Option 2 Sheets * Markers | |
| 9.15am - 9.30am or  1.15pm - 1.30pm  Welcome Meeting | 1. Welcome Meeting (See Monday) 2. Goals for today -  * To make the applique for the beach bag  1. Safety (General) | |  |
| 9.30am - 10.30am or  1.30pm - 2.30pm  Activity 1 | Stitch Applique Design   1. Pin one piece of felt on to the bag back and stitch in place before moving on to the next piece. |  | |
| BREAK  15 MINS |  |  | |
| 10.45am - 11.45am or  2.45pm - 3.45pm  Activity 2 | Continue with applique  If a camper thinks they are finished encourage them to embellish with more applique, fabric markers or hand sewing. |  | |
| 11.45am - 12pm or  3.45pm - 4pm | Clean Up / Show & Tell - see Monday |  | |
| 12pm or  4pm | Dismissal - see Monday |  | |

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|  | Wednesday | Notes | |
| Before Camp Starts | See Monday | |  |
| 9am - 9.15am or  1pm - 1.15pm | Wordsearch (Surf theme)   1. Hand out Wordsearch Sheets 2. Campers complete | Supplies Needed:   * Wordsearch Sheet * Markers | |
| 9.15am - 9.30am or  1.15pm - 1.30pm | Welcome Meeting   * See Monday  1. Goals for today -  * To embellish the back of the beach tote  1. Safety (General) | |  |
| 9.35am - 10.30am or  1.35pm - 2.30pm  Activity 1 | 1. Embellish back of bag with text bubble - use BASIC decorative stitches to go around the outside of the text bubble 2. Add applique or fabric marker designs |  | |
| BREAK  15 MINS |  |  | |
| 10.45am - 11.45am or  2.45pm - 3.45pm  Activity 2 | Sew Bag Front To Bag Back   1. With RST Pin & stitch bag sides and bottom 2. Turn a ½” hem around top edge 3. Pin & stitch. Use a zigzag stitch |  | |
| 11.45am - 12pm or  3.45pm - 4pm | Clean Up / Show & Tell - see Monday |  | |
| 12pm or  4pm | Dismissal - see Monday |  | |

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|  | Thursday | Notes | |
| Before Camp Starts | See Monday | |  |
| 9am - 9.15am or  1pm - 1.15pm | Welcome Activity - Coloring Sheet (Surf Theme) | |  |
| 9.15am - 9.35am or  1.15pm - 1.35pm  Welcome Meeting | See Monday   1. Goals for today -  * To finish the Beach Bag and stitch the straps in place * To hand sew a keychain or bookmark  1. Safety (General) | |  |
| 9.35am - 10.30am or  1.35pm - 2.30pm  Activity 1 | Stitch handles to bag   1. Measure webbing and cut 2 pieces the same size (it may already be cut) 2. Pin in place on the outside of the bag 3. Stitch securely | * Webbing Straps | |
| BREAK  15 MINS |  |  | |
| 10.45am - 11.45am or  2.45pm - 3.45pm  Activity 2 | Wave keychain   1. Cut keychain, be careful not to cut through the adjoining strip 2. Roll fabric to push through keyring 3. Match front to back of keychain 4. Pin and stitch around the edges using a whipstitch   OR Bookmark  (For campers who have done both at previous camps ask Kim) |  | |
| 11.45am - 12pm or  3.45pm - 4pml | Clean Up / Show & Tell - see Monday |  | |
| 4pm | Dismissal - see Monday |  | |

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|  | Friday | Notes | |
| Before Camp Starts | See Monday | |  |
| 9am - 9.15am or  1pm - 1.15pm | Welcome Activity - Coloring Sheets | |  |
| 9.15am - 9.30am or  1.15pm - 1.30pm  Welcome Meeting | See Monday   1. Goals for today -  * To complete all of the projects * To make a surfboard necklace  1. Safety (General) | |  |
| 9.30am - 10.30am or  1.30pm - 2.30pm  Activity 1 | Complete all projects:   1. Beach Tote Bag 2. Keychain or Bookmark 3. Surfboard Necklace |  | |
|  | Surfboard Necklace  Hand out materials  Campers:   * Use sharpies to color the wooden surfboard * Thread the surfboard on to the string and tie a knot (leave it big enough to fit over camper’s head! | Supplies Needed:   * Surfboard Necklace Bag * Sharpies | |
| BREAK  15 MINS |  |  | |
| 10.45am - 11.45am or  2.45pm - 3.45pm  Activity 2 | If all projects are complete:  POCKET POUCH Or FREE SEW (make sure to follow Free Sew guidelines) - discuss with Kim |  | |
| 11.45am - 12.45pm or  3.45pm - 4pm  Clean Up / Show & Tell | 1. Campers should have all their projects ready to take home 2. Final show and tell 3. Ask campers to share “What I liked about camp this week ” 4. If there is still time ask a “Would You Rather” question or two. |  | |
| 12pm or  4pm  Dismissal | 1. Have campers collect their belongings (water bottle, phone etc) 2. Have campers line up 3. Instructor should lead the group down to the pick-up location in a quiet and orderly manner 4. Follow dismissal procedure 5. Return to studio, sanitize and clean so it’s ready for next class 6. Put away any excess materials from students’ ziploc bags, remove name labels and put in office for recycling - thank you. |  | |